



**MANAGING SOILS FOR A SUSTAINABLE FUTURE**

**ON UPLAND**

**LIVESTOCK FARMS**

June 2021

# FIRST STEPS FOR IMPROVING SOIL HEALTH



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Well managed and functioning soils are the foundation for all production systems.

Soils with good structure that contain diverse and abundant flora and fauna, which can provide the nutrients plants need to grow, form essential building blocks for productive farms. Such soils are best able to support good yields and reduce the risk to the environment through unnecessary losses to air and water.

There is no one-size fits all blueprint to improve soil health. Effective soil management must build on existing practice, your farming system, soil type, climate, cropping etc. There are options for all farmers to enhance both productivity and soil health.

Although managing soils well can be confusing and complex, this guide brings together some initial steps that can be implemented across upland farming systems and will help you understand your soils and plan your first steps to improving soil health.

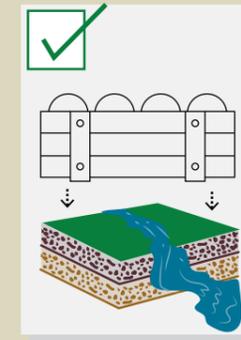


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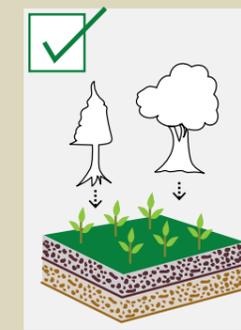
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## 2 THINGS TO CONSIDER:



**1 FENCING TO PROTECT HIGH RISK AREAS**

(e.g. wet areas, watercourses and areas prone to erosion)

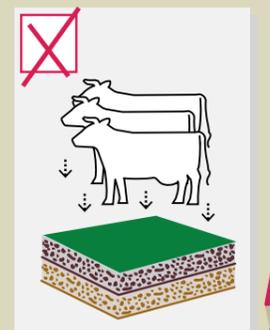


**2 INTRODUCE TREES INTO UPLAND PASTURES**

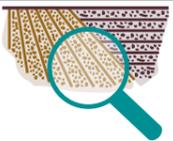
## 2 THINGS TO AVOID:

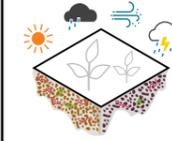


**1 BURNING, EXCEPT AS PART OF A REGENERATION PROGRAMME**



**2 OVERSTOCKING**  
(even in patches), especially when outwintering

WHERE YOU WANT TO IMPROVE SOIL HEALTH		
	EVERYONE SHOULD:	GOING BEYOND THE NORM MIGHT MEAN:
 <p><b>KNOW YOUR SITE AND SOILS</b></p> <p>Understanding the soils you have across your land, and how factors such as slope and proximity to watercourses can influence risks to soil, will help you manage the farm in a way that promotes soil health. Importantly, it will highlight what techniques might not suit your soils.</p>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Know the land use constraints of the farm, and consider the impact of variability – hydrology, slope, erosion risk etc</li> <li><input checked="" type="checkbox"/> Record your soil observations and data so you can refer back to them easily</li> <li><input checked="" type="checkbox"/> Understand the catchment scale context</li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Make sure everyone on the farm understands the importance of soils</li> <li><input checked="" type="checkbox"/> Develop on-farm skills that promote effective management of your soils</li> <li><input checked="" type="checkbox"/> Spend time in peer-to-peer learning and engage in research</li> <li><input checked="" type="checkbox"/> Monitor the system as a whole e.g. grass production, livestock and crop quality, water quality etc and use the information</li> </ul>
 <p><b>CROP MANAGEMENT</b></p> <p>Having more diverse grasslands (and crop rotations) can support soil health improvement. Crops that support/replenish soil structure, organic matter and nutrient balance will help improve your soil.</p>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Control noxious weeds</li> <li><input checked="" type="checkbox"/> Do not cultivate upland pasture; use appropriate in-bye land to cultivate stubble turnips or establish high-productivity leys</li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Introduce trees to upland pasture</li> <li><input checked="" type="checkbox"/> Reduce or exclude grazing pressure in vulnerable areas, allowing targeted natural regeneration of scrub and trees to protect soils and support biodiversity</li> <li><input checked="" type="checkbox"/> Adapt grazing and forage system management to support pollinators and ground-nesting birds</li> </ul>
 <p><b>OPTIMISE NUTRIENT MANAGEMENT</b></p> <p>Understanding your existing soil nutrient levels will help to apply the right nutrients in the right quantities. This will ensure optimum growth as well as reduce risk of losses. Ultimately good nutrient management saves both time and money, ensuring good returns while controlling pollution.</p>	<p><b>On in-bye land....</b></p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Use soil testing regularly to optimise fertiliser and lime use (pH, P, K, Mg)</li> <li><input checked="" type="checkbox"/> Maintain pH (liming / gypsum as needed)</li> <li><input checked="" type="checkbox"/> Use robust information to aid nutrient planning e.g. RB209</li> <li><input checked="" type="checkbox"/> Match fertiliser type to soil type to increase N use efficiency and minimise NH3 emissions</li> <li><input checked="" type="checkbox"/> Take care with the timing of slurry application - promote infiltration and plant uptake</li> <li><input checked="" type="checkbox"/> Take care with the location of slurry applications; be aware of watercourses and how slope and soil type may affect run-off</li> </ul>	

 <p><b>IMPROVE SOIL PHYSICAL CONDITION</b></p> <p>Well structured soils will usually be free draining and support good plant growth. Soils which are free from compaction can help minimise the impacts of flooding and drought, and will help to reduce soil erosion and the loss of your soils.</p>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Maintain drains where needed</li> <li><input checked="" type="checkbox"/> If you cause damage, put a remediation plan in place</li> <li><input checked="" type="checkbox"/> Use lightweight vehicles wherever possible</li> <li><input checked="" type="checkbox"/> Minimise surface damage and compaction - use appropriate tyres and tyre pressures</li> <li><input checked="" type="checkbox"/> Only outwinter on grassland where damage risk is low</li> <li><input checked="" type="checkbox"/> Consider where livestock are fed overwinter to avoid poaching or compaction</li> <li><input checked="" type="checkbox"/> Minimise compaction – consider where troughs, feeders and gates are located</li> <li><input checked="" type="checkbox"/> Use lightweight vehicles wherever possible</li> <li><input checked="" type="checkbox"/> Minimise surface damage and compaction - use appropriate tyres and tyre pressures</li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Use fencing to protect high risk areas (e.g. wet areas, watercourses and areas prone to erosion)</li> <li><input checked="" type="checkbox"/> Consider using native breeds to utilise grass more effectively</li> </ul>
 <p><b>MANAGE RUN-OFF IN THE FIELD</b></p> <p>Water flowing across your fields is the primary way that soil erosion will occur. It will also transport nutrients and pesticides away from where they are of most value to you. Taking action to reduce run off helps avoid all these losses and keeps the soil where it is most useful to you – in your field.</p>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Incorporate designed buffer strips alongside watercourses, ditches and hedges</li> <li><input checked="" type="checkbox"/> Minimise run-off /erosion risk through consideration of the direction of cultivation</li> <li><input checked="" type="checkbox"/> Capture runoff and sediment in field</li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Consider the links to streams, ditches and other waterways and break the pollution pathways where possible</li> </ul>
 <p><b>MAINTAIN SOIL ORGANIC MATTER AND BIOLOGICAL ACTIVITY</b></p> <p>Soil organic matter and biology are crucial to many aspects of soil health. They help the physical and chemical processes in the soil, making it more resilient to waterlogging, compaction and also support better nutrient cycling and availability.</p>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Keep soil covered during the winter period, wherever possible – no bare ground</li> </ul>	



Working together



UK SOIL HEALTH  
initiative

The information in this leaflet is generated from a workshop which involved: ADAS, Agrovista, AHDB, AIC, Agrii, Anglian Water, British Grassland Society, Centre for Ecology and Hydrology, CF Fertilisers, CLA, Cranfield University, East of England Agricultural Society, Environment Agency – soils, Gs Growers, Game and Wildlife Conservation Trust, Hillcourt, Hutchinsons, Innovation for Agriculture, James Hutton Institute, Lancrop/Yara, NIAB, NFU, National Trust, Natural England – Catchment Sensitive Farming, Organic Farmers and Growers, Royal Agricultural University, SRUC, SectorMentor, Sustainable Soils Alliance, and the Universities of Lincoln and Sheffield.

The workshop was made possible thanks to generous funding from **Anglian Water**.

**WWF** is one of the world's largest independent conservation organisations, active in nearly 100 countries. Our supporters – more than five million of them – are helping us to restore nature and to tackle the main causes of nature's decline, particularly the food system and climate change. We're fighting to ensure a world with thriving habitats and species, and to change hearts and minds so it becomes unacceptable to overuse our planet's resources.

**WWF. For your world. For wildlife, for people, for nature.**

Find out more about our work, past and present at [wwf.org.uk](http://wwf.org.uk)

With food production at the centre of many environmental issues, WWF-UK and **Tesco** have come together with a shared ambition: to make it easier for customers to access an affordable, healthy and sustainable diet. Through the partnership we aim to halve the environmental impact of the average UK shopping basket. In order to deliver this, we are focusing on three key areas: helping customers to eat more sustainably, restoring nature in food production and eliminating waste.

To learn more about the WWF-UK and **Tesco** partnership, and our work on sustainable agriculture, at [www.wwf.org.uk/basket-metric](http://www.wwf.org.uk/basket-metric)

**CFE:** Encouraging farmers and land managers to protect and enhance the environmental value of farmland alongside productive agriculture.

Protecting wildlife, protecting natural resources, enhancing biodiversity.

[www.cfeonline.org.uk](http://www.cfeonline.org.uk)

Championing the Farmed Environment partners – Agrigology, Agricultural Industries Confederation, Agriculture and Horticulture Development Board, Anglian Water, Association of Independent Crop Consultants, BASIS, British Grassland Association, British Grassland Society, Bumblebee Conservation Trust, Catchment Based Approach, Catchment Sensitive Farming, Country Land Alliance, Crop Protection Association, DEFRA, Environment Agency, Farm Advisory Service, Farming and Wildlife Advisory Group, Game & Wildlife Conservation Trust, Hedgelink, Institution of Agricultural Engineers, Linking Environment and Farming, National Farmers Union, National Institute Agricultural Botany, Natural England, Nature Friendly Farming Network, Tennent Farmers Association, The Central Association for Agricultural Valuers, The Woodland Trust, Tried & Tested, Voluntary initiative.

**The Soil Health initiative** aims to bring together the wealth of understanding of soil health and management to help farmers improve their soil health and thus productive farming alongside environmental benefit.

**All six soil health guides, covering most of the UK agricultural sector, can be found at** [cfeonline.org.uk/environmental-management/soils/uk-soil-health-initiative-guides/](http://cfeonline.org.uk/environmental-management/soils/uk-soil-health-initiative-guides/)

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